



**Recognized by :** Government of India, Ministry of Youth Affairs & Sports, New Delhi  
Sports Authority of India, New Delhi, National Anti Doping Agency, New Delhi

**Affiliated to :** South Asian Bodybuilding & Fitness Federation  
Asian Body Building and Physique Sports Federation, Singapore  
World Body Building and Physique Sports Federation, Dubai, UAE

**Recognized by :** The Association for International sports for All (TAFISA), Frankfurt, Germany  
Pacific Games Council (PGC), Australia

Date : 9<sup>th</sup> January, 2017

To,

**The Secretaries / Executive Committee Members / Life Members**

State Body Building Associations / Union Territories / Sports Boards

Affiliated to Indian Body Builders Federation

Mumbai.

Ref. No.:IBBF/SN/CR-05-17

**Sub.: "10th Senior Men's & Women's Body Building &  
5th Men's & Women's Physique Sports National Championship 2017"**

Dear Sir / Madam,

The Indian Body Builders Federation is pleased to inform you that the most prestigious Championship of the year, "**10th Senior Men's & Women's National Body Building Championship & 5<sup>th</sup> Men's & Women's Physique Sports National Championship 2017**"; will be held on and from 2nd to 4th March 2017 at Gurgaon, Haryana under the organization of **Haryana Body Building and Fitness Association and District Amateur Body Building Federation.**

The Indian Body Builders Federation extends its special gratitude to Shri Anup Singhji - Councilor, for taking the initiative in conducting the above mentioned championship.

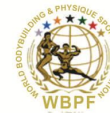
We on behalf of Indian Body Builders Federation humbly request all the affiliated State Associations / Union Territories / Sports Boards to participate with best of their athletes as mentioned in the circular to make this championship a grand success.

Thanking You,

For **Indian Body Builders Federation**

**Mr. Chetan M. Pathare**  
General Secretary





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## "10th Senior Men's & Women's Body Building & 5th Men's & Women's Physique Sports National Championship 2017"

### PARTICULARS

- Contest :** "10th Senior Men's & Women's Body Building & 5th Men's & Women's Physique Sports National Championship 2017"
- Date :** Thursday 2<sup>nd</sup> to Saturday 4<sup>th</sup> March 2017
- Organiser :** Indian Body Builders Federation  
Haryana Bodybuilding & Fitness Federation  
District Amateur Body Building Federation
- Reception / Registration :** Hotel Cross Road,  
Sector 15/2, Opp.Kalyani Hospital
- Venue for Pre-Judging :** Lasure Valley, Sec.29, Gurgaon
- Venue for Finals :** Lasure Valley, Sec.29, Gurgaon
- Nearest Railway Station :** Huda City Center, Metro Station  
Pick up from Metro Station will be provided
- Nearest Airport :** Delhi Airport (15 Kms to Gurgaon)  
Pick up will be provided from Airport
- Weight Group**  
**Men's Body Building :** Total ten weight groups  
Up to & inclusive 55 kgs  
Up to & inclusive 60 kgs  
Up to & inclusive 65 kgs  
Up to & inclusive 70 kgs  
Up to & inclusive 75 kgs  
Up to & inclusive 80 kgs  
Up to & inclusive 85 kgs  
Up to & inclusive 90 kgs  
Above 90 kgs & below 100 kgs  
Above 100 kgs
- Women's Body Building :** One open Group
- Men's Physique Sport :** One open Group



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**Women's Physique Sports :** One open Group

**Eligibility :** Twelve Body Builders from each State Association / Union territories / Sports Board for Men's Body Building but not more than two Body Builders in each weight group will be allowed and the host State Association will be allowed with two teams that is twenty four Body Builders (A and B Team). For team championship only A team points will be calculated.

For Women's Body Building there is no restriction of entries.

For Men's Physique Sports only four athletes from each State Association / Union territories / Sports Board will be allowed and the host State Association will be allowed with two teams that is eight athletes (A and B Team).

For Women's Physique Sports there is no restriction of entries.

**Doping :** Dope test will be conducted at random by the National Anti Doping Agency (NADA), New Delhi.

**Prizes & Awards for Men's Body Building :**

1. First three places in each category will receive Gold, Silver & Bronze medals respectively.
2. First Five places in each category will receive cash prizes of Rs.60000/-, Rs.50000/-, Rs.45000/-, Rs.40000/-, Rs.30000/- along with Merit Certificates respectively.
3. Overall Champion will receive cash prize Rs.5,00,000/- along with Trophy & Merit Certificate.
4. Runner up will receive cash prize Rs.3,00,000/- along with Trophy & Merit Certificate.
5. 1<sup>st</sup> Runner up will receive cash prize Rs.1,00,000/- along with Trophy & Merit Certificate.
6. Best Poser will receive cash prize of Rs.50,000/- along with Trophy & Merit Certificate.
7. Most Improved Body Builder will receive cash prize Rs.50,000/- along with Trophy & Merit Certificate.
8. Team Championship State Association / Sports Board will receive Rs.50,000/- along with Trophy & Merit Certificate.
9. 1st and 2nd Runner up in Team Championship will receive Trophy & Merit Certificate respectively.
10. All the participants will receive participation certificates.

**Women's Body Building :**

1. First three places in the category will receive Gold, Silver & Bronze medals respectively.
2. First Five places in each category will receive cash prizes of Rs.75000/-, Rs.50000/-, Rs.40000/-, Rs.35000/-, Rs.30000/- along with Merit Certificates respectively.



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3. All the participants will receive participation certificates.

**Men's Physique Sports :**

1. First three places in the category will receive Gold, Silver & Bronze medals respectively.
2. First Five places in each category will receive cash prizes of Rs.75000/-, Rs.50000/-, Rs.40000/-, Rs.35000/-, Rs.30000/- along with Merit Certificates respectively.
3. All the participants will receive participation certificates.

**Women's Physique Sports :**

1. First three places in the category will receive Gold, Silver & Bronze medals respectively.
2. First Five places in each category will receive cash prizes of Rs.75000/-, Rs.50000/-, Rs.40000/-, Rs.35000/-, Rs.30000/- along with Merit Certificates respectively.
3. All the participants will receive participation certificates.

**Annual Fees :** All the affiliated State Associations / Union Territories are requested to pay their Annual Membership Fees of Rs.10,000/- and Sports Board are requested to pay Fees of Rs.15000/- on or before 15<sup>th</sup> February 2017.

**Entry Fees :**

Men's Bodybuilding : Rs.500/- per competitor  
Women's Bodybuilding : Rs.500/- per competitor  
Men's Sports Physique : Rs. 2000/- per competitor  
Women's Sports Physique : Rs.2000/- per competitor

Registration fees for officials : Rs.1000/- per official.

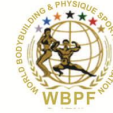
Last Date for Entry : 25<sup>th</sup> February 2017.

Contact :  
IBBF Secretariat : Mr. Chetan Pathare –General Secretary  
Mobile: 099679 71970 / 07506267970

**Judges Examination :** Only affiliated State units / Union Territories / Sports Boards will be eligible to nominate & submit the Entries on 2nd March 2017 of those who wish to participate in Judges Examination along with the Fees of Rs.5000/- with two Photographs. These candidates will have to bear for their own lodging & Boarding expenses according to vacancy.

**Rules for the Contest :**

1. Team Managers please note that the competitors who fail to report for the weighing-in within the time limit will



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- be eliminated from the championship.
2. All officials & competitors must arrive prior to the schedule.
  3. Organizers will provide free lodging & boarding to all 12 Competitors, Coach, Manager and maximum 2 Judges of each unit along with Executive Committee Members of Indian Body Builders Federation for three nights.
  4. Team Manager please note - Bodybuilders using tanning products / oil will be responsible for payment in full for bed sheets, pillow covers & wall paint stained by the same and the State Association / Union territories and Sports Boards will have to bear the cost of the same before departure.
  5. All the Officials, managers, coaches are requested to come In uniform prescribed by IBBF. Those who does not have uniform prescribed by IBBF will not be allowed to participate in any official activities and will not be allowed to sit as Judge.
  6. Participants and officials who arrive before 2<sup>nd</sup> March 2017 and wish to stay after 5<sup>th</sup> March 2017 will have to bear for their own lodging & boarding expenses.
  7. Golden, Silver and Bronze color tanning cream is not allowed.
  8. It is compulsory for the participants participating for Best Poser contest to bring their own Music CD. Vulgar songs and actions will not be allowed and the said participant will be banned from the Best Poser contest.

**Please note :** The Indian Body Builders Federation, Haryana Bodybuilding & Fitness Association, District Amateur Body Building Federation or no other organizers will be responsible for any mischief, injury or damages sustained in travel, before, during or after the championship.



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## SCHEDULE

### **DAY 1 - Thursday 2<sup>nd</sup> March 2017**

08.00 AM ONWARDS : Arrival of all competitors, officials & judges  
08.00 AM TO 10.00 AM : Break Fast (Venue will be informed later)  
01.00 PM TO 02.00 PM : Lunch (Venue will be informed later)  
02.30 PM TO 04.00 PM : Judges / Team Managers Meeting  
Hotel Cross Road, Sec.15/2, Opp.Kalyani Hospital  
04.00 PM TO 08.00 PM : Weighing-in (Venue will be informed later)  
09.00 PM ONWARDS : Dinner (Venue will be informed later)

### **DAY 2 - Friday 3<sup>rd</sup> March 2017**

08.00 AM TO 10.00 AM : Break Fast (Venue will be informed later)  
10.00 AM : Executive Committee Meeting  
Hotel Cross Road, Sec.15/2, Opp.Kalyani Hospital  
11.00 AM : Annual General Meeting  
Hotel Cross Road, Sec.15/2, Opp.Kalyani Hospital  
12.30 PM TO 03.00 PM : Lunch  
03.00 PM ONWARDS : Pre-Judging

### **DAY 3 - Saturday 4<sup>th</sup> March 2017**

08.00 AM TO 10.00 AM : Break Fast (Venue will be informed later)  
12.30 PM TO 03.00 PM : Lunch  
06.00 PM : Finals & Prize Distribution

### **DAY 4 - Sunday 5<sup>th</sup> March 2017**

11.00 AM : Departure of all competitors, officials & judges



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**"10th Senior Men's & Women's Body Building &  
5<sup>th</sup> Men's & Women's Physique Sports National Championship 2017"  
OFFICIAL ENTRY FORM**

Please fill this entry form and return on or before 25<sup>th</sup> February 2017

Please complete with name of competitors, team manager, coach & judges.

SR.	NAME	DATE OF BIRTH	CATEGORY	WEIGHT
1.			Men's Body Building	
2.			Men's Body Building	
3.			Men's Body Building	
4.			Men's Body Building	
5.			Men's Body Building	
6.			Men's Body Building	
7.			Men's Body Building	
8.			Men's Body Building	
9.			Men's Body Building	
10.			Men's Body Building	
11.			Men's Body Building	
12.			Men's Body Building	
13.			Women's Body Building	
14.			Women's Body Building	
15.			Women's Body Building	
16.			Men's Sports Phy.	
17.			Men's Sports Phy.	
18.			Men's Sports Phy.	
19.			Women's Sports Phy.	
20.			Women's Sports Phy.	
21.			Women's Sports Phy.	

TEAM MANAGER: \_\_\_\_\_ COACH: \_\_\_\_\_

JUDGE: \_\_\_\_\_ JUDGE: \_\_\_\_\_

UNIT NAME: \_\_\_\_\_

TRAIN No. & ARRIVAL TIME: \_\_\_\_\_

TRAIN No. & DEPARTURE TIME: \_\_\_\_\_

SEAL

SIGNATURE OF PRESIDENT/SECRETARY



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Date: 09 January 2017

To,

**The Executive Committee Members**  
Indian Body Builders Federation  
Mumbai

## **EXECUTIVE COMMITTEE MEETING**

### **NOTICE**

Notice is hereby given to all the members of the Executive Committee of the Indian Body Builders Federation, that the Meeting of the Executive Committee will be held on Friday 3<sup>rd</sup> March 2017 at 10.00 AM, at, Hotel Cross Road, Sec.15/2, Gurgaon, Haryana during 10<sup>th</sup> Senior National Body Building Championship 2017, to discuss the following Agenda.

All the Executive Members are requested to attend the same in proper uniform.

### **AGENDA**

1. To Confirm the Minutes of the Last Executive Committee Meeting held on 18<sup>th</sup> February, 2017 at Indore, Madhya Pradesh.
2. To adopt the Annual Report as submitted by the General Secretary.
3. To discuss and confirm the forthcoming championships for the year 2017 - 2018.
4. To resolve the state associations issues if any.
5. To adopt new amendments if any and put forward in General Body Meeting.
6. To appoint the internal auditor and Chartered Accountant for the year 2017 – 2018 & adoption of the statement of account submitted by the treasurer for the year 2016-17.
7. To discuss about the letters if any received from Executive Committee Members or State Associations before 28<sup>th</sup> February 2017.
8. Any other matter with the permission of chair.

For **Indian Body Builders Federation**

*Chetan Pathare*

**Mr. Chetan M. Pathare**  
General Secretary







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Date : 09 January, 2017

To,  
**The Executive Committee Members / Representatives**  
**Of Affiliated State Associations / Union Territories / Sports Boards**  
Of Indian Body Builders Federation Mumbai.

## **ANNUAL GENERAL BODY MEETING**

### **NOTICE**

Notice is hereby given to all the members of the Executive Committee & the representatives of the affiliated state associations of the Indian Body Builders Federation, that the Annual General Body Meeting will be held on Friday 3<sup>rd</sup> March 2017 at 11.00 AM, at Hotel Cross Road, Sec.15/2, Gurgaon, Haryana during 10<sup>th</sup> Senior National Body Building Championship 2017, to discuss the following Agenda.

All the Executive Members / Representatives of State Association / Union Territories / Sports Boards are requested to attend the same in proper uniform.

### **AGENDA**

1. To confirm the minutes of the last Annual General Body Meeting held in Indore, Madhya Pradesh on 18<sup>th</sup> February 2016.
2. To adopt the Annual Report as submitted by the General Secretary.
3. To discuss and confirm the forthcoming championships for the year 2017 - 2018.
4. To resolve the state associations issues if any.
5. To adopt new amendments suggested by the Executive Committee if any.
6. To appoint the internal auditor and Chartered Accountant for the year 2017 – 2018 & adoption of the statement of account submitted by the treasurer for the year 2016-17.
7. To discuss about the letters if any received from Executive Committee Members or State Associations before 28<sup>th</sup> February 2017.
8. Any other matter with the permission of chair.

**For Indian Body Builders Federation**

*Chetan Pathare*

**Mr. Chetan M. Pathare**  
General Secretary





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Ref. No.:IBBF/SN/CR-05-17

Date: 9<sup>th</sup> January 2017

### RAIL TRAVEL CONCESSION

(Rule 101 of IRCA Coaching Tariff No.25, Part-I (Vol.II))  
MOR/Ref:- No.TC-II/2035/06/BodyBuilding(Dt.5/8/2013)

This to certify that that Body Builders/Officials of \_\_\_\_\_  
\_\_\_\_\_ is/are taking part in the "10<sup>th</sup> Senior National  
Body Building Championship & 5<sup>th</sup> Men's & Women's Physique Sports National  
Championship 2017", being organized by Haryana Body Building & Fitness Association,  
Gurgaon, Haryana; under the authority of Indian Body Builders Federation. From 2<sup>nd</sup> to  
4<sup>th</sup> March 2017 at Gurugram, Haryana. This/These participant(s) is/are entitled to rail  
concession under S.No. 1 & 2 of annexure to Rule 101 of IRCA Coaching Tariff No.25, Part-I  
(Vol.II). Concession Order for both journeys on paying 25% each journey from \_\_\_\_\_  
\_\_\_\_\_ to \_\_\_\_\_ and back.

For Indian Body Builders Federation

*Chetan Pathare*

**Mr. Chetan M. Pathare**  
General Secretary

